Grace Episcopal Church
124 Maple Hill Avenue
Newington, CT 06111
Phone: 860-666-3331;
Fax: 860-666-3332
The Rev. CJ Puskarz, Deacon
Mei-Tsen Chen, Organist and Choir Director
Debbie Forrest, Office Manager
Web Site: www.gracechurchnew.org
Email: office@gracechurchnew.org

Holy Eucharist - Sunday at 9am Morning Prayer - Tuesday at 8:30am

PACE OF GRACE





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3 Last Sunday after the Epiphany 8:20 am Choir Rehearsal 9:00 am Holy Eucharist 10:30 am Altar Guild Mtg 12:00 pm Tentative – Warden's Seminar - PH	4 6:30 pm Cub Scouts - PH	5 8:30 am Morning Prayer - C 8:30 am Employment Group – MMR 7:00 pm Narc Anon - PH, MR 5:00 pm Shrove Tuesday Pancake Supper	6 12:00 noon Holy Eucharist 6:00 pm Drop the Rock – L	7 9:30 am Tai Chi – PH 6:30 pm Choir Rehearsal - MMR 7:00 pm Al Anon - PH, MR, L	8	SET YOUR CLOCKS !
10 First Sunday in Lent 8:20 am Choir Rehearsal 9:00 am Morning Prayer 9:00 am Church School	11 6:30 pm Cub Scouts - PH	12 8:30 am Morning Prayer - C 8:30 am Employment Group MMR 12 pm Hi-Noon 6:00 pm Vestry Mtg - MMR 7:00 pm Narc Anon - PH, MR	13 6:00 pm Drop the Rock – L	14 8:30 am Chili Prep - K 9:30 am Tai Chi – PH 6:30 pm Choir Rehearsal - MMR 7:00 pm Al Anon - PH, MR, L	15	16 2:00 pm Book Club Meeting - Library
17 Second Sunday in Lent 8:20 am Choir Rehearsal 9:00 am Holy Eucharist	18 6:30 pm Cub Scouts - PH	19 8:30 am Morning Prayer – C 8:30 am Employment Group MMR 7:00 pm Narc Anon - PH, MR	20 6:00 pm Drop the Rock – PH	21 9:30 am Tai Chi – PH 6:30 pm Choir Rehearsal - MMR 7:00 pm Al Anon - PH, MR, L	22	23 2:00 Student Music Recital - Sanctuary
24 Third Sunday in Lent 8:20 am Choir Rehearsal 9:00 am Holy Eucharist 9:00 am Church School	25 6:30 pm Cub Scouts – PH	26 8:30 am Morning Prayer – C 8:30 am Employment Group MMR 7:00 pm Narc Anon - PH, MR	27 6:00 pm Drop the Rock – PH	28 9:30 am Tai Chi - PH 6:30 pm Choir Rehearsal - MMR 7:00 pm Al Anon - PH, MR, L		
31 Fourth Sunday in Lent 8:20 Choir Rehearsal 9:00 am Holy Eucharist						

Room Key: PH=Parish Hall; L=Library; MMR= Music Meeting Room; MR=Meeting Room; C=Chapel; K=Kitchen



Pace of Grace March 2019

"The Pace of Grace" is a monthly publication of Grace Episcopal Church, 124 Maple Hill Avenue, Newington, Cl

Dear Friends in Christ,

The season of **Lent** begins with Ash Wednesday, March 6, when there will be a Eucharist Service at noon. During the days of Lent springtime representing the rebirth of nature takes place with the melting of the snow while flowers arrive symbolizing new life all around us. The Church also desires that each of us grow spiritually and experience a reawakening of our relationship with God during the forty days of Lent. The purpose of Lent is a call to self-examination and for taking a fresh look at our attitude and behavior towards others.

Just as Jesus Christ's sacrifice and withdrawal into the desert for forty days, Christians today traditionally use this period of reflection and sacrifice. Each one of us privately and in our own heart will determine how we will observe this period.

Shrove Tuesday, the day prior to the beginning of Lent, historically is the day butter, eggs and stocks of fat would be used up prior to fasting. The word **shrove** is a form of the English word shrive, which means to obtain absolution for one's sins by way of Confession and doing penance. Thus **Shrove Tuesday** gets its name from the custom for Christians to be "shriven" before the start of Lent. Our Pancake Supper, March 5, is based on this tradition of using up fat and other rich foods prior to Lent.

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While the search for a priest continues, leaders for all services into the summer have been scheduled. Holy Eucharist will be celebrated with supply clergy Easter and all except three Sundays when Morning Prayer will be held. The Vestry has notified the Diocese that Grace Church is open to considering various priest sharing possibilities.

During this period of transition the Vestry and Wardens continue to manage the activities of Grace with your help and prayers.

Faithfully, JoAnn Cromwell, Senior Warden W

Walt Parker, Junior Warden



	First reading	Psalm	Second Reading	Gospel
Last Sunday after the Epiphany March 3, 2019	Exodus 34:29-35	99	2 Corinthians 3:12-4:2	Luke 9:28-36 (37- 43)
Ash Wednesday March 6, 2019	Joel 2:1-2, 12-17 or Isaiah 58:1-12	103 or 103:8-14	2 Corinthians 5:20b-6:10	Matthew 6:1-6, 16-21
First Sunday in Lent March 10, 2019	Deuteronomy 26:1- 11	91:1-2, 9-16	Romans 10:8b-13	Luke 4:1-13
Second Sunday in Lent March 17, 2019	Genesis 15:1-12, 17-18	27	Philippians 3:17-4:1	Luke 13:31-35
St. Joseph March 19, 2019	2 Samuel 7:4, 8-16	89:1-20 or 89:1-4, 26-29	Romans 4:13-18	Luke 2:41-52
Third Sunday in Lent March 24, 2019	Exodus 3:1-15	63:1-8	1 Corinthians 10:1-13	Luke 13:1-9
The Annunciation March 25, 2019	Isaiah 7:10-14	44	Hebrews 10:4-10	Luke 1:26-38
Fourth Sunday in Lent March 31, 2019	Joshua 5:9-12	32	2 Corinthians 5:16-21	Luke 15:1-3, 11b- 32



03/09 Melissa Haseley 03/10 Benjamin Page 03/23 Jane Stewart



03/06 Brandon and Kathy Johnson



SENIORS ON THE GO Hi-Noon – The group meets monthly (except August) for lunch and activities in the Parish Hall and/or short excursions. Activities planned through Summer 2019 are listed below. All are welcome!

March 12, Tuesday (Change from original date) -Lunch at PRIMAVERA PUB - Portuguese Restaurant on Hartford Road, Newington. Meet at Church parking lot at 12:00 to car pool.

April 3, Wednesday (Change from regular day - museum closed on Monday) – Barker Character, Comic and Cartoon Museum... This small museum in Cheshire is the Home of 80,000 antique toys and collectibles! Admission \$4.00 – Seniors. Following a bring your own lunch (coffee, tea, juice provided) in the Parish Hall at Noon the group will car pool to the museum.

May 6, Monday - Alpacas - The best attended and probably most interesting event last year was the visit

to Grace Church by an Alpaca. This year the Hi-Nooners will visit the Alpacas at their home. Following a bring your own lunch (coffee, tea,

juice provided) in the Parish Hall at Noon the group will car pool to **Quinnipiac Valley Alpacas** in Cheshire. **June 3, Monday – Picnic, Parish Hall and Patio.** Hot dogs and hamburgers served - pot luck for salads and desserts.

Summer - (Date to be determined) - Dockside Lunch in Clinton & Hammonasset Park - Lobster Landing on the dock in Clinton will be the location of lunch. Lobster Rolls are featured, other items available. The group will then visit Hammonasset Beach for a short stroll. Meet at Church parking lot at 12:00 to car pool.



March 3 Altar Guild Meeting

March 5 Shrove Tuesday Pancake Supper

March 6 Ash Wednesday

March 12 Hi Noon

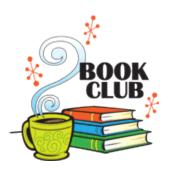
March 12 Vestry Meeting
March 16 Book Club Meeting

BAKE A CAKE – Every month Birthdays and Anniversaries are celebrated the FIRST Sunday of the month with a cake served at Fellowship Time after the service. Please consider baking or buying a cake to be served. Notify Debbie in the Church Office by email or phone the month you will bring a cake: office@gracechurchnew.org / 860-666-3331. A cake baked in a standard 9 X 13 pan using one cake mix package or homemade ingredients is a good size.



Newington Food Bank: We continue to support the food bank with canned fruits in 100% juice, mustard (dry and regular) potatoes (instant or casserole), almonds/cashews, milk (shelf stable and powdered).

JoAnn Cromwell



Book Club: The Book Club will meet on March 16. The book we will be reading is "small great things" by Jodi Picoult. A sign-up sheet is in the narthex.

"A person who won't read has no advantage over one

who can't read" - Mark Twain

Melissa Haseley



I wanted to write and thank you all for such a wonderful visit on January 13th. It was an honor to preach at your service, and a great gift to be able to join you for a community conversation afterward. If you haven't already, I encourage you to sign up for the NC Region Quarterly by visiting our region website here: https://www.episcopalct.org/northcentral/. The current Quarterly is online.

Truly it was a gift to be with you this morning. I look forward to seeing you again soon.

In peace,

Erin Flinn North Central Regional Missionary The deadline for the April Pace of Grace is Thursday, March 21st. Please make every effort to meet this deadline to allow us to distribute the issue promptly. The earlier you submit, the easier it is to publish the issue.



Office Hours: Monday 11-4; Tuesday 1-5: and Thursday 11-5.

The office will be closed for vacation March 4-8.

Debbie Forrest



The Altar Guild will have a meeting on March 3 after church.

Liz Welk



With supply clergy celebrating our services, it's important that everyone wear their name tags. If you are in need of one, please leave a note in the office and Debbie will

make one up for you. Thank you!



March 6 Ash Wednesday – Holy Eucharist at 12:00 noon. The Rev. Jane Stickney will be officiating.



Cancellation of services due to weather will be posted on NBC Connecticut (channel 30) and WFSB (channel 3) and on their websites



Please join us for a peaceful, centering time of prayer and worship. Early week Morning Prayer is held every Tuesday at 8:30 AM in the Chapel. All are welcome. Beverley Manning and JoAnn Cromwell rotate leading the service



March 3	Rev. Valerie Miller		
March 6			
Ash Wed.	Rev. Jane Stickney		
March 10	Morning Prayer		
March 17	Rev. David Pople		
March 24	Rev. Julie Mudge		
March 31	Rev. Julie Mudge		



Safe Church Training Option 2

Option 2: Online component followed by abbreviated in-person component

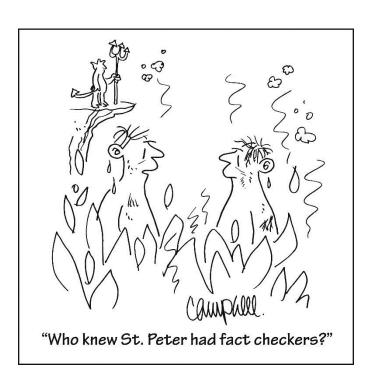
Option 2 training sessions in-person (live) component will be offered Mon. – Thurs. evenings 6:30-9:00 p.m. with light supper provided or Saturday mornings 9:00-11:30 a.m. The links to the online course modules will be sent to you via email within 2 weeks of your completed registration and no sooner than 4 weeks before the live training session. The online course modules must be completed prior to attending the live session and two (2) days prior to the live session to receive your certificate that day. Trainings will have a minimum of ten (10) registered attendees; trainings with less than 10 may be cancelled. Register for a live session below.

- Tues., May 7, 2019, 6:30 9:00 p.m.: St. John's, 3 Trumbull Place, North Haven
- Sat., June 8, 2019, 9:00 11:30 a.m.: St. John's, 92 Main St., East Windsor
- There are many other locations for the Option 2 Safe Church Training. These are the closest.

Registration is online only at https://www.episcopalct.org/safe-church-training-option-2/. Please let the Wardens and the office know if you will be attending any of the sessions.



I will try this day to live a simple, sincere and serene life, repelling promptly every thought of discontent, anxiety, discouragement, impurity, and self-seeking. In particular I will try to be faithful in those habits of prayer, work, study, physical exercise, eating, and sleep which I believe the Holy Spirit has shown me to be right. And as I cannot in my own strength do this, nor even with a hope of success attempt it, I look to thee, O Lord God, in Jesus my Savior, and ask for the gift of the Holy Spirit.





QUICK FINANCE UPDATE: JANUARY 31 2019

INCOME:	TOTAL	YR-TO-DATE	YR-TO-DATE
	<u>BUDGET</u>	BUDGET	ACTUAL
Pledge Income	\$ 87.558	\$ 8,756	\$ 5,462
Total Income	\$125,908	\$ 11,670	\$ 8,269
EXPENSES:	(\$125,328)	(\$ 11.512)	(\$ 7,286)
NET CHANGE:	\$ 580	\$ 159	\$ 983



Creative Energy Team March 2019

Fundraiser dates for 2019

Easter flowers - buy them for April 21, 2019
Sign-up sheet will be up a few weeks before Easter

Tag sale – Saturday, April 27, 2019 - Outside - 8:30 am – 2 pm You may bring in your donations starting March 1. Vendor space \$15.00 Rain Date - May 4, 2019

Bee & butterfly garden speaker -Details will be coming - April 2019

ECW Luncheon – Thursday, May 2, 2019 at The Aqua Turf in Southington

Dining for Dollars - Bertucci's in Newington - tentatively Thursday, September 19, 2019

Fall festival 2019 - Saturday, October 19, 2019—10 am - 3 pm

Episcopal Convention - Convention Center in Hartford Saturday and Sunday - October 26th & 27th We will be selling our prayer beads & religious jewelry

If you wish to join the CET or help in any way, or if you have any suggestions please see one of our members--Lynn Page, Valerie Dumont, Lorraine Belyea, Melissa Haseley, Mari Merwin, or Jane Stewart.

Thank you, Valerie Dumont - Co Chair of Creative Energy Team

Letter from the Bishops of the Episcopal Church in Connecticut

Dear Companions in Christ,

We write to you to inform you of temporary changes to the clergy disciplinary canons regarding sexual misconduct as enacted by our 2018 General Convention, and to invite you to consider coming forward if you have experienced, witnessed, or learned of clergy sexual misconduct in our church.

The General Convention decided that from January 1, 2019 until December 31, 2021, anyone who has been affected, directly or indirectly, by sexual misconduct at any time in the past by a person ordained in The Episcopal Church can initiate disciplinary action against the member of the clergy who engaged in the misconduct.

Sexual misconduct by clergy includes any of the following:

- Any sexual behavior that is unwelcome, by force, intimidation, coercion or manipulation
- Sexual activity of any kind with an employee, volunteer, student, or counselee in the cleric's congregation, or with a person with whom the cleric has, or has had, a pastoral relationship
- Comments or jokes by clergy toward either gender that are sexual in nature
- Someone made to feel "less than" by a cleric's behaviors or comments based on gender

Anyone who has experienced, witnessed, or learned in any manner of sexual misconduct by a member of the clergy may report the misconduct to one of the Episcopal Church in Connecticut's (ECCT) three Intake Officers. ECCT's Intake Officers have been trained to receive reports of this kind in a pastoral manner, and to start the necessary process of response. Additional information on the Clergy Disciplinary Process, including contact information for ECCT's Intake Officers, can be found on the ECCT website at: https://www.episcopalct.org/Find-Resources/Ordained-Leaders/Clergy-Disciplinary-Process/. Any person may contact an Intake Officer without having to identify themselves, or can agree to be identified in later proceedings if the person so chooses.

The 2018 General Convention of The Episcopal Church also recognized, in a variety of ways, that the sin of gender-based violence has permeated the life of the church. All gender-based violence stems from attitudes that one gender is less than another. Globally and in our own nation, people who identify as women are valued and/or treated "less than" men. These attitudes are reflected in language and behaviors. Gender-based violence includes a wide range of behaviors from words and actions that are dismissive or have the impact of disenfranchising a woman, to sexual harassment, and sexual assault.

All sexual misconduct and gender-based violence, whether perpetrated by clergy or laity is sinful; it disrespects others, erodes right-relationship with others and God, and tears at the body of Christ. If you have experienced, witnessed, or learned of sexual misconduct by a member of the clergy, please contact one of ECCT's Intake Officers. If you have concerns about sexual misconduct by laity, please bring it to the attention of a member of the clergy or to the lay leadership of your faith community.

If you have any questions about the information in this letter, please feel free to contact us and/or Robin Hammeal-Urban, Canon for Mission Integrity and Training for the Episcopal Church in Connecticut who can be reached at: rurban@episcopalct.org.

Thank you for your attention to these serious matters. Please share this information in your parish and beyond. We pray that, working together, the Body of Christ can become a safe and blessed community where we are genuinely restored to unity with God and each other in Christ.

Faithfully,

The Rt. Rev. Ian T. Douglas Bishop Diocesan The Rt. Rev. Laura J. Ahrens Bishop Suffragan

Lay Ministry Schedule 9:00 AM

	March 3, 2019	March 10, 2019	March 17, 2019	March 24, 2019	March 31, 2019
	Last Epiphany	1 Lent	2 Lent	3 Lent	4 Lent
Supply Clergy	Rev. Valerie Miller	Morning Prayer	Rev. David Pople	Rev. Julie Mudge	Rev. Julie Mudge
LECTOR	Shirley Adams	Paul Crosswaith	Mabel Maynard	Walt Parker	Karen Halpert
MINISTER OF COMMUNION	Karen Halpert	None	Pal Crosswaith	Mabel Maynard	JoAnn Cromwell
CRUCIFER	Elizabeth Welk	Karen Halpert	Jane Stewart	Karen Halpert	Elizabeth Welk
PRAYERS	Paul Crosswaith	Karen Halpert	Marie Ritchie	JoAnn Cromwell	Walt Parker
USHERS	Jane Stewart	Bob MacCalmont	Brandon & Kathy	Mark & Kathy	Nancy DiPrato
	Paul Crosswaith	Charlie Albrycht	Johnson	Shoemaker	Lorraine Belyea
FELLOWSHIP	Kathy Johnson				
NRRRC-10:30am	Beverley Manning		JoAnn Cromwell		Beverley Manning
HTFD REGIONAL CTR – 12n			JoAnn Cromwell		
Lay Eucharist Visitor			Elizabeth Welk		
ALTAR GUILD	Candy Casciano	Nancy DiPrato	Nancy DiPrato	Elissa Schumann	Elissa Schumann
	Marie Ritchie	Marie Ritchie	Marie Ritchie	Jane Stewart	Jane Stewart
	Jane Stewart	Pat Rogorzenski	Pat Rogorzenski	Barbara Johnson	Barbara Johnson
COUNTERS	Walt Parker	Beverley Manning	Melissa Haseley	JoAnn Cromwell	JoAnn Cromwell
	Lorraine Belyea	Nancy DiPrato	Bette Forcash	Paul Crosswaith	Lorraine Belyea